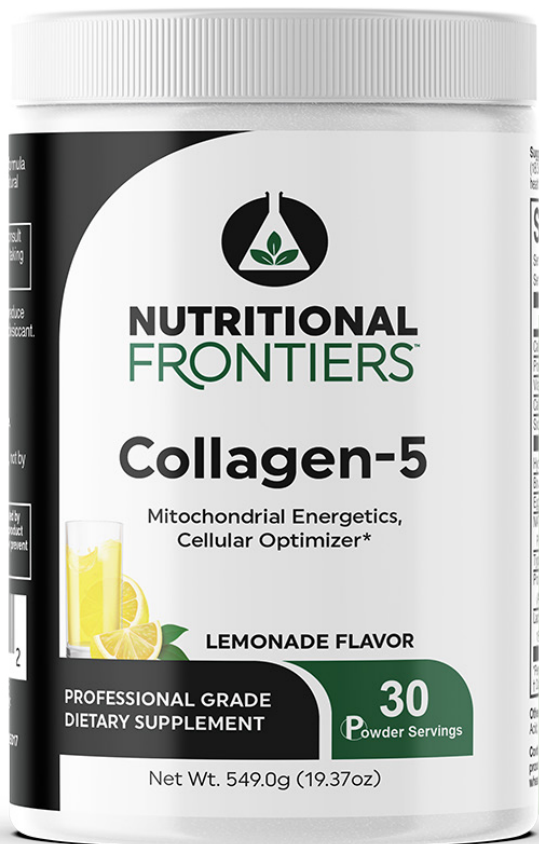


Collagen-5

Mitochondrial Energetics,
Cellular Optimizer*



Tissue, Skin, Joint, & Gut Health

Multi-Source Collagen Formula

Enhanced Protein Utilization

NutritionalFrontiers.com
(412) 922-2566



Collagen-5

Available in a 30 Serving Powder

This unique formula contains researched ingredients to:

- support mitochondrial energetics and cellular resilience
- promote healthy collagen synthesis and connective-tissue repair
- aid joint comfort, mobility, and workout recovery
- nurture skin elasticity, hair, and nail strength
- enhance digestive tolerance and nutrient utilization

Collagen-rich tissues (joint cartilage, tendons, ligaments, fascia, skin, GI lining) rely on a steady supply of bioavailable peptides. Key collagen amino acids—glycine, proline, and hydroxyproline—also participate in cellular energy pathways (e.g., methylation and antioxidant systems that protect mitochondria).

Collagen-5 combines five complementary collagen sources with targeted digestive enzymes and a robust, spore-forming probiotic to improve breakdown, absorption, and everyday GI comfort—so the body can use peptides where they're needed most.

Hydrolyzed Bovine Collagen

Highly bioavailable peptides rich in glycine, proline, and hydroxyproline to support collagen rebuilding in skin, joints, and connective tissues. These amino acids help maintain mitochondrial-friendly redox balance (via glutathione and related pathways), aiding cellular resilience during physical and oxidative stress. Also supports tendon/ligament strength and post-exercise recovery.

Bovine Bone Broth

Naturally provides collagen peptides plus glycosaminoglycans (GAGs) and trace minerals that complement hydrolyzed collagen for joint and cartilage nourishment and GI mucosal support.

Eggshell Membrane Collagen

A unique matrix supplying collagen (types I, V, X), elastin, and GAGs to support joint comfort, flexibility, and tendon integrity. Works synergistically with type I/III peptides for comprehensive connective-tissue coverage.

NATICOL® Premium Fish Collagen

A low-molecular-weight type I marine collagen known for excellent bioavailability. Supports skin elasticity, dermal hydration, and fine-line appearance while complementing bovine and eggshell sources for a broader peptide profile.

Type II Collagen (Chicken)

Targets articular cartilage needs. Type II collagen helps maintain joint cushioning, range of motion, and everyday comfort, rounding out a multi-type approach (I/II/III/V/X) for whole-body connective-tissue support.

Prohydroxy Enzyme Blend

(Amylases, Lactase, Lipase, Protease I, Protease II)

Multienzyme complex designed to improve protein and peptide

breakdown, fat and carb tolerance, and overall digestive comfort. Enhanced proteolysis supports amino-acid liberation and uptake, maximizing collagen utilization and minimizing post-shake heaviness or bloat.

LactoSpore® Bacillus Coagulans

Spore-forming probiotic with acid/heat stability for dependable delivery to the intestine. Supports GI comfort, regularity, and protein digestion while fostering a favorable microbial balance and short-chain fatty acid (SCFA) production—beneficial for gut-barrier integrity and systemic resilience.

Serving Size: 1 Scoop (18.3g) | Servings Per Container: 30

Protein	15 g
Vitamin C (as Sodium Ascorbate)	90 mg
Calcium	30 mg
Sodium (as Sodium Ascorbate)	45 mg
Hydrolyzed Bovine Collagen	14.3 g
Bovine Bone Broth	200 mg
Eggshell Membrane Collagen	200 mg
NATICOL® PREMIUM FISH COLLAGEN	200 mg
Type II Collagen (Chicken)	200 mg
Prohydroxy (Amylases, Lactase, Lipase, Protease I, Protease II)	100 mg
Lactospore Bacillus Coagulans (15 Billion CFU/G)	68 mg

Other Ingredients: Natural Flavoring, Malic Acid, Tartaric Acid, Monk Fruit Extract, Beta Carotene (for Color)

Suggested Use: As a dietary supplement, mix 1 scoop (18.3g) with water once daily, or as directed by your healthcare practitioner.

Warnings: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Color of this formula may vary due to color variations of the ingredients. Keep out of reach of children. Store in a cool, dry place. Do not refrigerate.

Contains eggs & fish. Produced in a facility that also processes soy, fish, shellfish, milk, peanuts, tree nuts, wheat, eggs, and sesame.



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*Sources for cited material are available upon request. Contact Nutritional Frontiers.

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